



King's Academy **Easthampstead Park**

**It takes a whole community to raise a child.**

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13 January 2025

Dear Parent/Carers

## **Year 10 - Personal, Social, Health and Economic Education Programme (PSHE) Update**

As part of your child's education at King's Academy Easthampstead Park (KAEP), we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic Education Programme (PSHE). PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitude and practical skills to live safe, healthy, productive lives and meet their full potential.

Over the next term, your child's class will be taking part in lessons which will focus on British Values, preparing learners for future success, promoting healthy relationships, acting responsibly and staying healthy (both financially, mentally and physically) and developing character and building resilience.

Students will also have the opportunity to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

### **Topics to be covered this year include:**

- Financial decision making.
- Exploring influences - vaping and substance use.
- Prevent Duty and toxic support groups.
- RSE - Healthy relationships, sex expectations and the role of intimacy.

If you would like to find out more about what your child will learn, and discover how you can best support your child to discuss these topics at home then please do get in contact at [sarah.goad@kgaeasthampstead.uk](mailto:sarah.goad@kgaeasthampstead.uk).

Please see the link below for **Understanding Relationships - Guide for Parents** in order to support our teaching and learning –

[Understanding Relationships, Sex and Health Education - a guide for secondary school parents \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

As a school community, we are committed to working in partnership with parents and carers and appreciate your support.

Yours faithfully

**Miss S Goad**  
**Curriculum Leader of PSHE KS4**



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